



# 1 in 3

## act of courage

Opioids are now one of the leading causes of injury-related deaths in Washington State. More people die from overdose than from car crashes.<sup>1</sup>

Opioids negatively affect the reward center in the brain. Over time, a user needs more and more. This makes them highly addictive.<sup>2</sup>

You can make a difference.  
Help a friend. Share the facts.

### STOP OPIOID MISUSE Your choices matter

- ✓ If you are prescribed an opioid, talk with your doctor about other options.
- ✓ Never share an opioid prescription with someone else.
- ✓ Treatment works. If you think you need help, call Washington Recovery Help Line at 1 (866) 789-1511.
- ✓ Dispose of unused medications safely at a take-back program near you. Find one at [MED-Project.org](https://www.MED-Project.org).<sup>3</sup>

Learn more at  
**[GetTheFactsRx.com](https://www.GetTheFactsRx.com)**

<sup>1</sup>Source: Washington State Department of Health

<sup>2</sup>Source: National Institute on Drug Abuse for Teens

<sup>3</sup>We recommend accessing this URL using a newer web browser such as Chrome or Firefox