



# Real Life

## act of courage

Opioids negatively affect the reward center in the brain. This makes them highly addictive.<sup>1</sup>

You can make a difference.  
Help a friend. Share the facts.

### **STOP OPIOID MISUSE** Your choices matter

- ✓ If you are prescribed an opioid, talk with your doctor about other options.
- ✓ Nearly half of people misusing pain relievers, including prescription opioids, get them from a friend or family member. Never share an opioid prescription with someone else.<sup>2</sup>
- ✓ Treatment works. If you think you need help, call Washington Recovery Help Line at 1 (866) 789-1511.

Learn more at  
**GetTheFactsRx.com**

<sup>1</sup>Source: National Institute on Drug Abuse for Teens

<sup>2</sup>Source: Substance Abuse and Mental Health Services Administration