



# one

simple  
step

## lock up your meds

Nearly half of people misusing pain relievers, including prescription opioids, get them from a friend or family member.<sup>1</sup>

Simple steps, like locking up medications, can stop them from being misused.

Learn more at  
[GetTheFactsRx.com](http://GetTheFactsRx.com)

### **STOP OPIOID MISUSE** Your choices matter

- ✓ Prescription pain medication is highly addictive. Talk with your doctor about other ways to manage pain.
- ✓ Lock up your medications.
- ✓ Safely dispose of unused medications at a take-back location near you. Find one at [MedTakeBackWashington.org](http://MedTakeBackWashington.org).

<sup>1</sup>Source: Substance Abuse and Mental Health Services Administration