

# one

act of  
courage

Opioids negatively affect the reward center in the brain. This makes them highly addictive.<sup>1</sup>

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## STOP OPIOID MISUSE Your choices matter

- ✓ If you are prescribed an opioid, talk with your doctor about other options.
- ✓ Nearly half of people misusing pain relievers, including prescription opioids, get them from a friend or family member. Never share an opioid prescription with someone else.<sup>2</sup>
- ✓ Treatment works. If you think you need help, call Washington Recovery Help Line at 1 (866) 789-1511.

<sup>1</sup>Source: National Institute on Drug Abuse for Teens

<sup>2</sup>Source: Substance Abuse and Mental Health Services Administration