

opioid
safety
starts
with you.

Whether you or someone in your home has an opioid prescription, or you simply carry it with you in your day-to-day, having naloxone on hand is a smart step to take.

For just in case. For peace of mind.



**Find free naloxone
near you:**

**WAFriendsForLife.com/
get-naloxone**



carrying
naloxone
is a real
lifesaver.

Naloxone (Narcan) is a medication commonly prescribed with an opioid prescription. **It's safe and simple to use.**

What is naloxone?

Naloxone (Narcan) is a medication that reverses opioid overdoses. It works within minutes to restore normal breathing. Think of naloxone as an essential first-aid item. It can keep you, your loved ones, or your neighbors safe in an emergency.

Naloxone basics.

- Naloxone is available as a nasal spray or injection.
- You can buy it over the counter at most pharmacies.
- Many communities also make it available at no cost.
- Washington has a standing order, so you don't need a prescription to get and carry naloxone.

Why carry naloxone?

It's safe, legal, and easy to use.

- Carrying naloxone is common and encouraged, like knowing CPR or having an EpiPen.
- Naloxone is lifesaving and safe for everyone, including children, pregnant people, and older adults.
- When someone overdoses, they can't give themselves naloxone. By being prepared, you can be the reason they survive.

Learn how and when
to use naloxone:
**WAFriendsForLife.com/
recognize-and-respond**



how does
naloxone
work?

Naloxone blocks the effects of opioids on the brain and helps a person wake up and breathe again.

- It only works on opioids and won't treat or reverse the effects of other drugs or alcohol.
- It won't harm someone who hasn't taken opioids.
- It isn't habit-forming and is safe to use in an emergency.
- After you give naloxone, call 9-1-1. Like any emergency, if someone is overdosing, they will need medical help.

