

I PLEDGE TO LOCK UP MY MEDICATIONS

TO STOP OPIOID MISUSE START AT HOME



75% of opioid misuse starts with someone taking medication that wasn't prescribed for them – usually taken from a friend or family member.²



Ending opioid misuse in your community begins in your home. Locking up opioid medications help to keep your family and community safe.

TIPS FOR SAFE STORAGE

- Don't store your medications in your bathroom.
- Keep opioid medications in a
 - locking cabinet.
 - safe.
 - locking bag.
- Keep the key or combination to your locking device in a different location from your prescriptions to discourage theft and misuse.
- Find safe storage devices online or at hardware stores or drug stores.

KNOW THE FACTS

What is an opioid?

Opioids are a class of drug commonly used to relieve pain.

Opioids can negatively affect the reward center in the brain. Over time, a user may need more and more, making these drugs highly addictive.²

Opioids are now one of the leading causes of injury-related deaths in Washington State. More people die from overdose than from car crashes.

YOUR INFLUENCE MATTERS

Lock up opioid medications in a locking cabinet, safe or locking bag.

Dispose of unused pills at a take back site to keep your family and community safe.



Bring your unused medications back to the pharmacy for disposal or find a prescription take-back location at [MedProject.org](https://www.MedProject.org).

LEARN MORE ABOUT SAFE STORAGE OPTIONS AT

[GetTheFactsRx.com](https://www.GetTheFactsRx.com)

Sources:

¹Substance Abuse and Mental Health Services Administration

²National Institute on Drug Abuse for Teens