

# I PLEDGE TO LOCK UP MY MEDICATIONS

**TO STOP OPIOID MISUSE  
START AT HOME**



Did your pharmacist offer you a free locking bag today? We invite you to participate in a brief online survey for the **Safe Medication Storage Program**. Simply open your phone's camera app, hover over the QR code, and tap the notification to follow the link to the survey.



Nearly half of people misusing pain relievers, including prescription opioids, get them from a friend or family member.<sup>1</sup>



Ending opioid misuse in your community begins in your home. Locking up opioid medications helps keep your family and community safe.

## TIPS FOR SAFE STORAGE

- Don't store your medications in your bathroom.
- Lock up opioid medications in a locking bag, locking prescription bottle, locking cabinet, or safe.
- Keep the key or combination to your locking device in a different location from your prescriptions to discourage theft and misuse.
- Find safe storage devices online or at hardware stores or drug stores.

# KNOW THE FACTS

## What is an Opioid?

Opioids are a specific class of drugs commonly used to reduce pain.

Opioids prescribed by doctors include oxycodone, hydrocodone, codeine, morphine, fentanyl, and others. Heroin and illicitly manufactured fentanyl are also opioids.

Opioids can negatively affect the reward center in the brain. Over time, a user may need more and more, making these drugs highly addictive.<sup>2</sup>

## YOUR INFLUENCE MATTERS

Lock up opioid medications in a locking bag, locking prescription bottle, locking cabinet, or safe.

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Dispose of leftover or unused medication at a safe disposal site near you or by ordering a free mail-back envelope.

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Learn about your options at [MedTakeBackWashington.org](http://MedTakeBackWashington.org)

LEARN MORE ABOUT SAFE STORAGE AT  
**GetTheFactsRx.com**

Sources:

<sup>1</sup>Substance Abuse and Mental Health Services Administration

<sup>2</sup>National Institute on Drug Abuse for Teens

Washington State  
Health Care Authority