



Washington State  
Health Care Authority



## Take back your meds.

Protect your loved ones and the environment. Safely dispose of unwanted, unused or expired opioid prescriptions.

- Visit a disposal drop box at your local pharmacy or police/sheriff's station.
- Attend a Take Back event in April or October.

## Washington chooses safe disposal.

Washingtonians returned 9,057 lbs. of medication during last year's National Take Back Days. Since 2016, over 349,000 lbs. have been safely disposed of – protecting people and the environment.<sup>1</sup>



# Get the facts.



Common prescription opioids include:

- Oxycodone (OxyContin)
- Hydrocodone (Vicodin, Norco)
- Tramadol
- Codeine
- Morphine



Nearly half of people misusing pain relievers, including prescription opioids, get them from a friend or family member.

# Safe disposal.



In Washington, every day is a take-back day. Many local pharmacies and law enforcement offices now have disposal drop boxes. They're safe, simple, and secure ways to get rid of leftover medications.

No drop box near you? No problem! Order a free mail-back envelope online. Send your old or leftover medication back at no cost.

Find a drop box near you or order an envelope.

Visit [MedTakeBackWashington.org](https://www.MedTakeBackWashington.org).

# Learn more about options for safe medication disposal.



[MedTakeBackWashington.org](https://www.MedTakeBackWashington.org)  
844-482-5322 (844-4-TAKE-BACK)