



# Take back your meds.

Protect your loved ones and the environment.  
Safely dispose of unwanted, unused or expired  
opioid prescriptions.

- Visit a disposal drop box  
at your local pharmacy or  
police/sheriff's station.
- Attend a Take Back  
event in April or October.



# Safe disposal



Washingtonians returned 9,057 lbs of medication during last year's National Take Back Days. Since 2016, over 349,000 lbs of medication have been safely disposed of.

**It's easier than ever to dispose of unused or expired prescriptions.** Order a free Mail-Back envelope online. Send your old or leftover medication back at no cost.

Look for safe medication disposal drop boxes in local pharmacies.

These are another way to dispose of meds you no longer want or need.

Order an envelope or find a drop box near you.

Visit [MedTakeBackWashington.org](http://MedTakeBackWashington.org).

## Get the facts



Doctors prescribe opioids to manage pain. Common prescription opioids include:

- Oxycodone (OxyContin)
- Hydrocodone (Vicodin, Norco)
- Tramadol
- Codeine
- Morphine



Talk to your doctor about opioid alternatives like over-the-counter medication, physical therapy, and meditation to manage pain.



Storing opioid prescriptions in a locking bag, lock box, or safe can protect your loved ones and prevent opioid misuse.